

draft new policy**SCHOOL MOMENT OF SILENCE/PERSONAL MEDITATION**

The School Board finds that in the hectic society of today, too few persons are able to experience even a moment of quiet reflection before plunging headlong into the activities of daily life. Young persons are particularly affected by the absence of an opportunity for a moment of quiet reflection. The School Board finds that our youth, and society as a whole, would be well served if students in schools were afforded a moment of silence at the beginning of each school day. Therefore:

1. The principal of each school shall require teachers in homeroom/first-period classrooms in all grades to set aside at least one (1) minute, but not more than two (2) minutes, daily, for a moment of silence, during which students may not interfere with other students' participation. A teacher may not make suggestions as to the nature of any reflection that a student may engage in during the moment of silence.
2. Each homeroom/first period classroom teacher shall encourage parents or guardians to discuss with their children how to best use the moment of silence established by this Board Policy.